



Hong Kong Continence Society Ltd.
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Short Course in Continence Care

15-16 November, 1999

Aims: To introduce a basic knowledge and skills of continence management and the development of continence care

Time: 9:00am - 5:00pm

Venue: Function Room, Salisbury YMCA. 41 Salisbury Road,
Tsim Sha Tsui, Kowloon, Hong Kong

Accommodation: Accommodation is available at HK\$680 per night at the Salisbury YMCA
(Please refer to attached Accommodation Booking Form of YMCA)

Registration Fee: \$600 (Non-member)
\$500 (Member of HKCS)
US\$ 100 (Overseas)
(Lunch not included in Registration Fee)

Target Participants: Health care professionals who are interested in continence care.

Speakers:

Ms Jannette Williams, Continence Nurse Consultant, Central Sydney, Australia
Dr Leung Man Fuk, Consultant Geriatrician, United Christian Hospital
Dr Kwok Tin Fook, Urologist
Dr Yip Shing Kai, Department of Obstetrics and Gynaecology, CUHK
Dr Cecilia Cheon, Department of Obstetrics and Gynaecology, QEH
Ms Chan Sau Kuen, Nurse Specialist (Continence Care) UCH
Ms Katherine Siu, Nurse Specialist (Continence Care) PMH
Ms Lee Wai Kuen, Nurse Specialist (Stoma Care) QMH
Ms Ip Kam Tin, Nurse Specialist (Geriatrics) KWH.
Ms Maisy Wong, Physiotherapist, KWH
Ms Grace Yuen, Occupational Therapist, RH

Language Medium: English

Award of Certificate: A certificate of Attendance will be issued to those who have attended the whole course

Course Content:

Day 1 (15 November, 1999) Monday

8:30-9:00	Registration	
9:00-9:15	Introduction	
9:15-10:15	Anatomy & Physiology of Urinary System	Dr Yip Shing Kai
10:15-11:00	Types of Incontinence	Ms Katherine Siu
11:00-11:20	Tea Break	
11:20-12:30	Impact of Incontinence, Epidemiology of Incontinence & Medical Aspects of Incontinence	Dr Leung Man Fuk
12:30-14:00	Lunch Break	
14:00-14:45	An Overview of Surgical Management in Incontinence	Dr Kwok Tin Fook
14:45-15:30	Management of Stress Incontinence	Dr Cecilia Cheon
15:30-15:45	Tea Break	
15:45-16:45	Pelvic Floor Exercise & Electrical Stimulation	Ms Maisy Wong
16:45-17:00	Question & Answer	

Day 2 (16 November, 1999) Tuesday

9:00-10:00	Assessment of Urinary Incontinence	Ms Ip Kam Tin
10:00-10:30	Aids & Appliance for Incontinence Patient	Ms Grace Yue n
10:30-10:45	Tea break	
10:45-12:30	Catheter Care & Intermittent self Catheterization	Ms Lee Wai Kuen
12:30-14:00	Lunch Break	
14:00-15:45	Faecal Incontinence & Nursing Management of Incontinence	Ms Janette Williams
15:45-16:00	Tea Break	
16:00-16:40	Developing Continence Care	Ms Janette Williams
16:45-17:00	Question & Answer	